[Essay Title goes here]

[Your name goes here]

DeVry University

**APA Paper Requirements**

1. **You must use Times New Roman 12-point font.**
2. **All paragraphs must be indented and double-spaced.**
3. **The paper should be written in narrative form and not just answer questions.**
4. **Avoid the use of bullet points to present content.**
5. **All professor explanatory content should be removed, including this BLOCK.**
6. **Keep the headings provided, from Introduction to Conclusion.**
7. **Citations (if relevant) should be in APA style (author or source, date); hyperlinks should not be used in your paper as a citation.**
8. **A reference page is required.**

**Introduction**

[The introduction should include a preview of the content you will present.]

**The Most Important Challenge I Face in Time Management**

**My Choices for Managing Time and Achieving Balance**

**Consequences of the Choices I Make Regarding Time Management**

**What I Will Do to Meet the Challenge I Face in Time Management**

**How I Will Check the Outcome of My Choices**

**Conclusion**

[Present a summary of the paper. What have you learned from this assignment?]

**References**

Atkinson, R., & Longman, D. (2019). *Choosing success* (3rd ed.). New York, NY: McGraw-Hill Education.